

Children-rules basketball Denmark, 2023-24



The rules below are a shortened version and is only ment as an overview of the most important rules for children

	U9 GP	U11GP	U13 GP	U13M	U15 GP	U15 M/NC	Notes
Tournament-format	Grand Prix	Grand Prix	Grand Prix	Regular	Grand Prix	Regular	GP: Grand Prix (regional) M: Regional Championship (east-west) NC: National Championship (final8)
Cuptournament	No	No	No	Yes	Yes	Yes	
Court	Small	Small	Small	FIBA	FIBA	FIBA	Applies to all groups: 20 point rule: if team is ahead with 20 pts or more (running score), only halfcourt-defense is allowed
Players on court	4-4	4-4	4-4	5-5	5-5	5-5	
Playing time	5x5 running	5x5 running	5x5 running	5x8 efficient	5x6 running	5x8 efficient	
Score	Score reset after each quarter ⁴⁾			Running score			Substitution: in GP all players must divide playing time equally ¹⁾ . In U13M and all U15 the fifth quarter is with normal substitutions – the other four quarters as in GP ²⁾ In U13 and up trapping is allowed ³⁾ Mixed teams allowed in all groups (plays in the boys-tournament) In U9-11 GP the teams play to win the periods. A win is 3 points, a loss is 1 point and a draw is 1 point. The team with most points when game ends, is the winner. If it still is a draw, the team who has scored most points wins ⁴⁾ FIBA=international rules U7 plays following special EASY-basket-rules and is therefore not listed in this document
Substitutions ¹⁾	No	No	No	Yes ²⁾	Yes ²⁾	Yes ²⁾	
Rimheight	2,60	2,60	3,05	3,05	3,05	3,05	
Ball-sizes girls/boys	5/5	5/5	6/6	6/6	6/7	6/7	
3 point	Yes, outside 3-sec area (paint)				FIBA	FIBA	
3+5+8+24 second	No	Estimate by ref	Estimate by ref	FIBA	FIBA	FIBA	
Freethrow-distance	3 m	4 m	FIBA	FIBA	FIBA	FIBA	
Teamfouls	FIBA	FIBA	FIBA	FIBA	FIBA	FIBA	
Defense (no zone allowed) ³⁾	Man to Man						
Traps/dobbelteam allowed	No	No	Yes	Yes	Yes	Yes	
20 points rule	Yes (up by 20 pts or more running score, mandatory halfcourtdefense)						
Screens allowed	No	No	No	No	Yes	Yes	
Steal ball when in two hands	No	Yes	Yes	Yes	Yes	Yes	
Blocking shots	No	Yes	Yes	Yes	Yes	Yes	
Throw-in from opponents' baseline	No	No	No	FIBA	FIBA	FIBA	
Timeout	No	No	No	1 pr. period		FIBA	
Tied game	Yes			2 min overtime		FIBA	
NB	Commenting on opponent-team-players is considered as unsportsmanlike conduct						